

# FIRE and RAIN

Selected Poems 1993-2007

### **RD** Armstrong

Volume 1



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#### PREAMBLE TO THE INTRODUCTION

When I came up with idea for this book, I was going to have it done by a different online printing service. Since then I've discovered another, much more flexible company. I decided to republish this edition, which was very uncharacteristic of me. I usually stay in the saddle of the horse I road in on. But it would be stupid of me to do that on this project.

So while I was republishing, I thought it might be right to reformat as well. So, this edition of Fire and Rain, Vol. 1 is going to be a bit different. I don't know if that will be good or bad...for all I know it might be bad form to do what I'm doing.

Too bad.

This is my book and I'm refining it to meet my desires.

#### INTRODUCTION

When I first started writing poetry, I had no idea that there was a vast community of poets who both wrote and read/performed their work to audiences of hungry listeners. Nor did I know where it would lead me. In fact, it wasn't until the early nineties that I even went to a poetry reading! But, once I did, I caught the bug (because basically, unlike most of my poetry heroes, I had a serious streak of "ham" in me). Actually, now that I think of it, I did go to a few readings before that, but these were "professional" readings with big name poets like Charles Bukowski. I never thought I'd become involved with anything close to that.

When I started writing poetry again in the early nineties, after a ten year hiatus, I discovered that my poetry had matured, as if that ten year period had allowed my words to season (just as I had seasoned). My poetry tastes had seasoned, as well. I think I had absorbed the 'body' of many of my poetry "heroes" – Bukowski being at the head of this list. I began to write prolifically (at least for me) and started to send out poems to the little magazines out there – 'there' being the crazy world of the small press. I had some luck, but I also had some hard times getting published. (After Bukowski it was nearly impossible in this 'rush to judgment' atmosphere of what was hip...it was a virtual vacuum of Bukowski-esque kitsch). It seems that, like life, there were always going to be those souls who think that they can make your poem better than it already is. Eventually, I grew tired of these games and decided I would do my own magazine (the Lummox Journal), where I could publish who, what and whenever I wanted. I figured I'd make some stamp money for my own submissions along the way and everyone would be happy.

There was just one drawback to this: doing the magazine and the other projects that sprang up from it (The Little Red Book Series, for one), left me with very little time to submit my own work to other mags and publishers. In fact, I had to publish my own books if I wanted any satisfaction. So, in trying to circumvent all the BS of submissions and rejections, not to mention the interminable waiting time-periods, I ended up providing others with the very service I was seeking.

This collection (volume's one and two) serves to present what I consider to be the best of my current catalog of poetry, representing a period of fifteen years (1993 to 2007). There are three exceptions, but because of the size of the three poems, I will be presenting them in a third volume entitled **On/Off the Beaten Path**.

As to the title, Fire and Rain seems fitting. Apart from the obvious connection to the James Taylor hit, this title resonates more closely with my experiences growing up in the 1960s followed by my resurrection as a writer in the 1990s.

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#### **STEEL**

I had been reading the letters of the "Old Poet" and had gotten beyond the mythological aspects and beyond the projection of the presumption that our lives of pain were similar when I came across the letter that summed it all up for me. The thing is like this: you want to believe that there is somewhere to get ahead to but you have doubts. Let's say that all the wrong turns all the dead ends all the unfinished ideas- turned to moldy lumps all the unwritten inspirations the unrecorded moments when the muse was speaking the same language as you, to you all the perfect little moments that you failed to notice or appreciate all those and then some will be/have been lost underfoot as the mindless hoards march on and you sit numbly hoping that at the end of the trail some sense will be made of all this.

The doubts congeal into fears while you are sitting in a darkened room daydreaming of a sexual encounter that will never come or watching some kinda pornography so you can get it up enough to get off on fantasies so old and threadbare they are transparent. Having the best sex in years with yourself cumming into a sheet and feeling that sad ecstasyknowing there's no one to share this aching with and wanting to so badly Wanting to stop being scared but not having the courage to act. Dreaming of the taste of the gun barrel, knowing that taste wanting to escape to something else, another life and never having the courage to..... Some of you will never fit some of you will never survive the process of fitting your round peg into a square hole You will always be caught along the seams of the net endlessly swirling at the edge of the mainstream

or trapped like side-show freaks.
The factories will take their share
as will the "cool" mongers, the purveyors of "hip"
but some will survive
thru pathological perseverance
and others, like the Raindog, will struggle ahead
haunted by the stench of rot
the stale and musty smell of fear
mixed with the reek of decay
topped with a provocative sauce of angst and pathos
and sprinkled over with a little freshly grated death
just for that added spicy zip!

As each day progresses as each hour unfolds and each minute passes, the glories and the gories continue to floss the brain in an eternal tug of war.

I lick my lips and taste the steel, again.

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#### **VACANCY**

There was no vacancy in fact the whole place had been shut down locked up the contents of each room covered with sheets shades drawn doors shut locked The paint is peeling the foliage dying A fine layer of dust covers all. I will clean the old place up make it livable again. Slap some paint on open the windows unlock all the doors air it out Get out the "Murphy's" clean, clean, and clean some more. Clean and polish the old sign so you'll know There's a vacancy You're room is all ready bed made up flowers fresh picked on the nightstand The register is open and ready for you to sign in. The staff ready to serve you. "Do you have any baggage?"

#### **SPRING ROSE**

I had this brief involvement last spring and here it is spring again and I am thinking, reminiscing really, about the beauty.

The beauty of the moments that pass between lovers....

The beauty of wildflowers in a vase by the window as lacy curtains breathe and the light plays across the skin; her skin, your skin....

I am with you now again in that room, in that moment.

And just when I get to feeling lonely for that memory, that moment,
I also remember the trip to the wildflowers and the horrendous fight driving home; screaming at the top of our lungs, lane changes unnoticed in the heat of battle; this sobers my nostalgia....

Still, the vase and the curtains breathing; and the beauty of the moment. The beauty of all the moments strung together like beads reminding one that it isn't all in vain....

And that if there is truly a balance an equilibrium to this life, then, perhaps, the moments will eventually balance.

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#### SAFE SEX

They come to my door two or three times a week now It's always the same They always seem to know when I'm eating dinner They talk and talk and talk about their lives about their husbands and boyfriends They want someone to listen to them and I do listen. And if there is any sex at all it's always the "safe" variety: They talk about it and I listen I try not to picture the fingers groping or the tongues darting or the lips pressing or the many and various ways that one can fill the various orifices with the bitter-sweet cocktail of "love". Sometimes I get a hug a reward for hearing their confessions but mostly they flit off into the night back to their accursed husbands or boyfriends or onto the next bizarre coupling. And me? I go back to my dinner now cold and unappealing much like my own sex life.

#### Real Weather

I thought of you today and for the first time there were no sadly played songs in the background No chorus of crooning caballeros No chanteuse exhaling smoky lyrics in a solo spotlight I was not sitting at my usual table in the corner by the bar in the dimly lit twilight tavern that sits at the bottom of heartbreak hill on the wrong side of the tracks in the bad part of the town with no pity that's located in the county strip near the badlands of my current state of mind.

No, I sat by the window.

Outside, the air charged with ions the overcast sky, a sullen grey, threatened us with *Real* weather.

And as I imagined the first raindrops evaporating on the hot, dusty asphalt the moisture absorbed into every tiny crevice, I thought about you You and your kindnesses sprinkled about.

At the end of a long drought You were the first rain to blow across the fractured two-lane that cleaves the God-forsaken little huddle of shacks that I call home mostly.

Faceless and Nameless you You could piss on the empty, parched streets of my soul and every molecule of nurturance would be quickly and gratefully absorbed.

Now, like the street, I await the next sprinkling from love's mystic fountain.

#### Pound of Cure

I thumbed through the phone book found the number and dialed: RING RING RING RING "Can you hold?" "Uh..." "Thank you (click)." Insultingly, friendly muzac began to play in the earpiece of the phone My head was swimming and I was having a hard time staying focused on the task at hand. For some unknown reason I was still on my feet, still vaguely rational and still hoping this was going to turn out okay. I was coming to the end of a year-long depression -enhanced drunk. I thought that I had hit rock-bottom and if I couldn't get some help soon **REAL SOON** I'd wake up wearing nothing but a toe tag! Then a very perky voice came over the line: "Suicide Hot Line! How may I serve you?" "You're kidding?!" "Oh no, sir! Suicide is a very serious problem in today's modern world!" "Say, do you mind if I ask you a question?" "Why, no, sir; as long as it's not a personal one!" "Where was your last job?" "Pardon me?!" "Where was your last job!?" "I was the activities director at the Neuropsychiatric Institute! Why?" "Just curious, I guess." "Excuse me, sir, but you don't sound very suicidal; can't this wait until morning, say around nine a.m.?" "Excuse me!?" "Can't this wait, sir?" I had to think Could this wait until morning? Could I delay my inevitable demise for just a few more hours? Through the drunken fog a great flame of anger shot up

and in the darkest corner of my despair an army of self-deluded thugs began to sharpen their tiny knives of deceit. Oh, yes, there would be vindication! Heads would roll they would all be made to suffer just as I had suffered! "Sir? Are you still there?" "Huh? Oh, yes, um, yeah sure, I can wait, uh huh....." "Well, good! That's very reassuring! You have a good night!" "Uh, yeah, you too." I hung up the phone. The room took a few more spins and as the black tide came swirling up around me knocking me into the bar I sank into the depths and mercifully passed out.

I'll fix them later

#### TIME

Something to do while it's doing you.

#### Pueblo de las Putas

She stumbled down the sidewalk fighting with a large white "sports" bag.
She wore a tight knit black dress that seemed determined to ride up to an interesting height. It was late, nearly one AM, and I was heading south on Pacific back to the point, back home.

I would've liked to stay and seen who got the best of her first, but the two gentlemen in the green 67' Chevy behind me had a different idea.

Later, back home, I remembered, when I first moved to this town, I thought that this was an awfully friendly town.

The women on Pacific were always smiling downtown

Smiling and waving at me.

Then I began seeing some of them regularly on the same street corners or hanging around the same telephone late at night; and I became suspicious........

I was embarrassed by my lack of sophistication and felt repulsed by these Putas who had tricked me.

But then, one night, at a stop light, I happened to make eye contact with one of these ladies and in the blink of an eye, all the desperation, fear and anger of all the long nights strung out and lonely, the stinky sex on a dirty rag hopelessly trapped hellish days it was all there.

I saw the comedic twist amidst the ruins of her life — waiting for a phone call to make her one fuck closer to that final fix. And across town and several months later a woman drunk on sex (or whatever) stumbles home, her skirt heading North faster than she can.

#### Nigger Bath

"My daddy calls this nigger bath;" she calmly tells me as she spritzes herself with perfume to hide the stale odor of sweating through another shift.

My heart aches at her vulgar racism but I let it slide because she has something I want.

Hers is an inherent funkiness an earthiness that reminds me of some of the women I knew when I lived in the East Bay in the early seventies.

She won't let "things" between us get out of hand She's in control
I let her take advantage of me
I don't know what else to do.

We both know that this is just a moment in time two strangers with excess baggage My need to touch, to be touched Her need to be touched.

I give her massage she lets me She gives me companionship I let her.

We laugh at stupid, inane ideas we come very close to being affectionate But we are very mindful (she more than I) not to get too lost in the mists of intimacy.

She thought that I might become her "in town man" but that deal fell through.

When we first met, I thought she would be trouble but, like Tom said, "I pulled on trouble's braids…"

Some day, she'll move uptown or out west Texas way, to her rancherita and I'll be here, still like the air on this hot, June day.

We never kiss.

#### MIDNIGHT BLUE

A thick, moist blanket of fog grey and fuzzy was being pulled over the foot of the peninsula like a wool sock He was driving south on Pacific as little golden parasols illuminated the street and traffic whizzed by He was driving slowly in a big, Midnight Blue Lincoln with a trunk big enough to land on I was trapped behind him lumbering along in the '54 Just past the B of A he braked swerving towards the curb as if to park "Good!" I thought. But then at the last moment here he comes back into my lane again "Damn!" For two more blocks he does the little dance "Just who the hell does this guy think he is?" Finally with a break in the traffic I tug the '54 out and around him and as I tumble past him I glare down into the drivers seat He was big big and blue with a dark sports windbreaker on His hair was white and poking out in all directions like a bad "punk" hair-do He held onto the wheel for dear life There was an almost exquisite look of agony on his face Old Man Death was twisting the knife into his guts and was one twist away from canceling his ticket I kept going south up the hill my way lit by the golden parasols thinking about that horrible look on his face

#### PRE-PERFORMANCE JITTERS

On the eve of my first reading My hands sweat
And there's a conga line in my stomach.
But I'll do it
this reading
or be done by it
Stand or fall, on my own
without the aid of
my friend Johnny Walker
or any of his minions.

The solitary path sounds very appealing but it wasn't my first choice Sitting alone, hunched at a desk dissecting 43 years of living In a kind of do-it-yourself autopsy Gleaning the verse from skeletal remains or turning an insignificant moment into an allegory. The current trend says Poetry has to be performed It has to be raised above the ordinary that which we call "The life' the extra-ordinary is that which we call "The art" Both are, most likely, "the shit" though in art, the shit is more cleverly packaged. And into this minefield I come stumbling with my little collection of verse all set to amuse and amaze Disgorging my soul while my heart pounds on in fear And why do something that scares the livin' Be-Jesus outa me? Why get outa bed ever again Why bother to cross the threshold each day I don't live (with)in fear I live in spite of it.

This is only a sample of the book.

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#### Volume 1

"RD Armstrong's 'Fire and Rain' [Volume 1] is mostly all ball busters and roses. One of the best larger collections by an American poet, that this reader has read, in many moons"  —Doug Draime
"I usually don't pay more than \$10 for poetry books unless your name is Bukowski, Ginsberg or Plath but nearly every poem spoke to me in a special way. Keep on doing what you're doing." —CaLokie
"For Armstrong the Blues are not played, but lived – his poems are the observations of a life lived raw. He hides no sin, expects no redemption and asks no forgiveness" —Bill Gainer – poet, editor and publisher

"In this era of burgeoning social dysfunction, and its transitive residue on the person, through world, state, economics, religion, family, relationship and god knows whatever the hell else, autobiographical (not confessional) poetry is of paramount importance. At its best, it bears personal witness to all these things, declares supporting solidarity with others, and in the spirit of hope, points to salvation."

—Steve Goldman